



Functional Anatomy Immersion

A Trifecta of Sacrum, Core & Assists

A 14 hour immersion that explores balancing the sacrum, intrinsic core strength and functional hands on assists for optimal alignment. This course is appropriate for all yogis, movement, and bodywork practitioners.

Saturday, Apr. 29th | 10:00am to 5:00pm | The Yoga Room
Sunday, Apr. 30th | 9:00am to 4:30pm | Little Italy
Cleveland, Ohio

FUNCTIONAL ALIGNMENT YOGA CLASS THE FIRST 75 MINS. EACH DAY

\$260	Weekend (Saturday and Sunday)
\$197	Weekend (Saturday and Sunday)
Free	Schatz Method Trained Practitioners

REGISTER AT
GINASCHATZ.COM
(TRAIN WITH ME → LIVE TRAINING)

- Full refund for cancellations accepted 1 week prior to workshop date. Otherwise, funds will be applied to future course.

PREREQUISITES

- 200 RYT or higher + 2 yrs. teaching experience
- LMT w/ 800 education hrs. + 2 yrs. work experience
- Personal Trainers w/ certificate and/or degree + 2 yrs. teaching experience

WITH GRATITUDE IN SERVICE